

## Senior Care Kelowna

Senior Care Kelowna - To research and choose a senior residences is a task which can be both long and intimidating. Normally, people do not want to have to move more than necessary, so looking for a facility which would offer the right amenities and care can be difficult. One useful resource to begin with making this vital choice is to use The Care Guide. TheCareGuide.com and the Care Guide can help to locate and identify the facilities that are suitable to a certain individual. Typically, a senior's residence includes both mandatory and optional services. Typical amenities are emergency response, meal service, housekeeping, laundry, help with every day tasks like getting dressed and bathing and basic medical supervision. Lots of facilities provide group social and recreational activities, or they would make arrangements to these activities. Some facilities may offer nursing services as well. The cost of living in a senior residence would depend on the services and amenities offered by the home and the market demand. Occasionally, there are government subsidies available to offset some of the cost of assisted living.

To help make a decision, there are some factors to think about. The desires and needs of the affected individual must be kept in consideration all the time. Making this type of decision can be very stressful, not just for the person who is moving, but also for the members of the family involved in decision making. Usually, relationships can become strained if an individual feels that they are being forced into a change in lifestyle that they do not feel ready for. If at all possible, transfer to a senior residence must be voluntary. In any situation, it could be helpful to assign an important member of the family to help the affected person in making all of the required arrangements and decisions, with other important family members being involved in the decision making process as well.

Making a list of the facility's preferred qualities is a wise idea when selecting what facility is suitable for you. One list should comprise all of the amenities which are essential to make certain that the individual lives safely and comfortably. A different list must comprise all of the amenities and services which are not considered essential, but that the person wants to have available. Bear in mind that what one needs is normally rather different from what one wants. These lists can help to narrow the list of choices once some appropriate facilities have been found.

Location is actually one factor which you must think about when selecting what facility will be best for you. The nearer the facility is to the senior's current location, the more likely they would be to keep contact with neighbours, friends, and family which reside close by. In addition, the nearness to activities, medical services and shopping is important to consider. Safety, security, cleanliness, food quality, social activities and recreational activities provided are also very essential details to consider.

You should schedule a visit and request for a tour when you have narrowed down the list of facilities. If possible, ask to talk to some of the residents as well as a few members of the staff. To go even further, if the senior could attend a couple of meals and activities at the residence, and if an overnight stay could be arranged, then it can give a much better idea of the quality of life which the senior would experience if living at the facility. These days, many senior residences provide short term stays from just one night to a few weeks, to have an idea of the lifestyle the home provides.

The kinds of services and amenities vary significantly in senior's residences. This makes it important to know what services might cost extra and what services are included in the monthly fees of the residence. Furthermore, it is really vital to know what will be involved if at any point, the senior wished to move out of the residence.