

## Retirement Homes in Kelowna

Retirement Homes in Kelowna - Retirement housing is becoming an increasingly appealing alternative for older adults and the elderly. Facilities differ significantly in the level of help available, services offered and types of housing. Retirement homes or communities can be made up of independent living quarters, assisted living programs, or a combination of the two.

Senior retirement housing that provides independent living is for those people who could still fully or almost fully function by themselves. These facilities are usually near senior community or activity centres so that the provided amenities can be accessed easily and quickly. They are also normally close to main public transit routes so that transportation is easy as well. Normally, independent living retirement homes are structured as private townhomes or apartment buildings.

For seniors who could live independently, retirement homes are suitable for you. Several facilities offer some assisted living programs. The model of living that differs the most from retirement home living is that of nursing homes. Nursing home facilities offer a high level of supervision and care to patients who have debilitating injuries or medical conditions that they cannot care for on their own, or cannot be managed solely by a caregiver or family member. Employees and equipment found at a nursing home is often similar to what is found in a hospital. Sometimes, patients are able to stay in small, separate rooms with their own bathroom and at times there is more than one patient in one room, who share a bathroom. There are usually common lounging and eating areas for patients and meals are provided. Depending upon the situation, the patient may have to pay all of the expenses themselves or some financial assistance could be provided by the medical insurance of the patient or by government subsidies.

Nearly all facilities are modestly designed to suit the day to day needs of residents. Depending on the minimum standards in a specific location, the majority of basic retirement home units have a kitchen, living area and a private bathroom. Numerous facilities would also have shared areas for seniors to utilize like for instance recreation and fitness areas, game rooms, and meeting rooms. These facilities could also be offered in assisted living complexes, but they are designed to be friendly for those who are disabled. Though not as common, luxury retirement homes are becoming increasingly popular for those individuals who could afford to pay. These usually have larger apartment or townhome units with more living space and more services compared to the typical retirement home.

Depending on the kind of facility and the income level of the person, financial assistance could be available. Every province and every region are different, but in some areas, low income retirement communities might accept residents based on their savings or monthly pension amount. In other situations, the government may finance part of the retirement housing program expense. At times, depending on the type of facility, local regulations, and the financial status of the individual, seniors could be responsible for paying all of the costs themselves. It might be worth looking into one's health insurance plan to see if part of the expense can be covered this way.