

## Retirement Home Kelowna

Retirement Home Kelowna - For the most part, people living in retirement housing complexes can independently care for themselves. In a few instances retirement communities will allow home care companies into the community to assist some residents with minor care requirements which they may have. The definition of a retirement community is not simple, but the majority of communities share some characteristics. Such characteristics comprise features like age restriction, the community should include common amenities and services and individuals should be fully or partially retired.

When researching kinds of retirement communities, it may be confusing because of the many different types. Some of the types of communities are congregate housing, independent living communities, continuing care communities, subsidized housing, leisure or lifestyle oriented communities and recreational vehicles or mobile homes. Continuing care communities offer care as the requirements of the person change throughout life. Subsidized housing is often available for low-income seniors. Congregate housing is an arrangement where at least one meal per day is shared with other residents. Independent living communities normally provide little or no personal care assistance. Mobile homes, recreational vehicles, and leisure oriented communities are normally targeted towards more active seniors.

Another, more unique kind of retirement community is normally referred to as senior cohousing. This kind of arrangement started in Europe and evolved around the idea of intergenerational housing, which has been utilized for a lot of years by many cultures. It normally involves individually owned units surrounding a common area or common house. Some communities could comprise living quarters for home health care aids, whose services can be shared among residents. Cohousing residents encourage and support each other and socialize regularly. Communities are designed to make activity and access simple for all levels of physical ability.

Residents in a cohousing community share ownership and supervision of how the community is planned and operated on a daily basis. Generally, the age requirement to be classified as senior housing is that at least 75 percent of the residents should be older than 55 years. Other required characteristics of a cohousing community are that the community is managed by the residents, there are shared facilities, there is not a shared community economy, the residents contribute to the design of the community, all members share equally in the decision making process and the community is designed to encourage a sense of community.

With the many and varied types of retirement communities available, people should be able to find a community which meets their needs and preferences as well as their financial abilities.