

## Private Nursing Homes Kelowna

Private Nursing Homes Kelowna - There is usually somebody hired to organize activities and outings for the residents of the majority of nursing homes. This individual must continually communicate with residents about the activities that they enjoy and about arranging for activities to be added if wanted by the residents. Weekly, monthly, and yearly activity calendars must be maintained and kept up to date.

The most vital thing which a nursing home activity director needs to keep in mind is the residents. The activity director should organize a variety of outings and activities which stimulate a lot of different interests and preferences. Residents must have opportunities to keep up with things that interest them and stimulate them psychologically. As often as possible, physical activity must be encouraged and included into nursing home programs. Not all residents will be able to fully participate and it is the responsibility of the activity director to know the limits of each resident and encourage them to do what is within their abilities. Social connections are also very essential as seniors age, so social interaction must be encouraged within all regular programs also. All residents should have opportunities to be social and active within the home, so programs should not be fully based on mental or physical limitations. Outings and activities can be on or off-site, so volunteers and other employees might be required to guarantee the residents' safety. Proper transportation must also be arranged.

There are numerous traits and skills that an activity director should possess. Among the most essential traits is compassion. There are times that working with people who have varied abilities and needs can be really difficult. As numerous individuals age, they tend to reduce the amount of physical activity that they do on a regular basis and withdraw from social settings. Patience and the ability to gently encourage others are great assets in an activity director. The activity director needs to be understanding while at the same time be able to calmly handle any type of situation that might arise. This individual needs to be really organized but flexible at the same time, as it is not possible to know how people with various conditions would react in different or potentially new situations and surroundings. Someone who is both enthusiastic and energetic can motivate residents to wish to participate in the nursing home's activities and to enjoy. Having fun could make one's work more satisfying and fulfilling and also increases job satisfaction.

During activities, residents must be assessed by the activity director and then keep paperwork on how they deal with different types of activities and outings. The nursing home activity director also communicates with the people who are brought in to deliver specific programs and normally observes and accompanies many of the programs as well. These activity facilitators would also have input as to their opinions and observations of every resident. These assessments and notes are often reviewed by the family members, doctors and therapists of the patient to ensure that the senior is happy can participate safely in the activities that they select.